

Lesson C3.8 - Jesus Shows He's Alive



Teacher's Pages with Step-by-Step Lesson Plan

For Lower Elementary Students and Classes

Recommended for students in Preschool, Kindergarten, and Grades 1-2.

Quick Facts for the Teacher

Lesson Summary: Luke 24:13-35

- Bible Characters: Two friends, Risen Jesus

After Jesus rose from the dead, two of his friends were walking to Emmaus and talking about what had happened. When Jesus joined them on the road, they didn't recognize him. Later, as he broke bread with them, they suddenly became aware that this was the Risen Lord. After this, they returned to Jerusalem and joyfully shared the good news.

Brief Bible Background

- Today's Lesson is from the New Testament
- Scripture Section: Resurrection

People in the Bible responded differently to Jesus' resurrection. The guards at the tomb fainted. Mary Magdalene and the other women were overjoyed. The friends in today's story didn't recognize him at first. But in all cases, people were amazed.

For More Information

The primary role of a Sunday School teacher for Preschool, Kindergarten (pre-readers), and Early Elementary (new readers) is to simply tell children the stories of Scripture and introduce them to the major characters of the Bible.

Teachers who want to know more about the lessons for their own familiarity with the story are encouraged to read the information in the SEED Upper Elementary and Youth Teacher's Pages.

a. Classroom Greeting

Teachers should arrive 10 to 15 minutes before class and greet students and parents by name. Write the day's Bible Message on the white board or poster board for all the kids to see. Have kids gather on a rug or in a dedicated meeting space. Encourage the children to learn each other's names.

b. Opening Prayer Song

The words to this song are sung to the tune, "Head, Shoulders, Knees and Toes."

Optional motions: Lift hands up on "Lord," point to ears on "hear," fold hands on "pray."

Stretch hands outwards on "all who need your help today."

Lord, hear us as we pray, as we pray!

Lord, hear us as we pray, as we pray!

Bless all who need your help today!

Lord, hear us as we pray, as we pray!

c. Introduction to Today's Message

*Teacher's Script (student responses are in **bold**).*

Raise your hand if you've ever had "show and tell" at school. How does that work? (Call on volunteers).

In today's story, Jesus is going to show his friends something more amazing than any "show and tell" we've ever seen. What is it? **Jesus shows he's alive!**

- Can anyone tell me what happened in last week's story? (*Jesus was taken away to be put on a cross.*)

Jesus' friends had heard that he had risen from the dead, but they had not seen him yet. In today's story, **Jesus shows he's alive**. How will he do that, and how will his friends react? Let's hear the story and find out!

d. SEED Bible Story Video

The teacher may introduce the lesson by playing the video clip from the SEED website. This may be displayed simply on a laptop computer or tablet. If the classroom is equipped with a computer video monitor or video projector, the video can be displayed in a larger size.

e. Read the Story with Poster Pictures

The Bible Story has been divided into four parts, each with an accompanying Poster Picture. The teacher should hold up or point to the relevant Poster Picture while reading the individual part of the story, asking questions while reading. Posters may be printed on letter-sized paper, or enlarged and printed on ledger-sized paper if a bigger printer is available. Poster pictures may also be opened as a PDF on a computer screen, scrolling through each of the four pages.



Picture 1

Tell the children: Mary Magdalene and the other women were the first to see Jesus after he rose from the dead, but his other friends had not seen him yet. They were still in shock, trying to understand everything they had heard.

Read the caption: On the day Jesus rose from the dead, two of his friends were walking along a road. They were talking about all that had happened.

- *Look at the two friends in the picture. Do they look happy or sad? [They both look a little uncertain. They don't know what to feel as they are kind of shocked.]*
- *Who do you think is walking far behind them? [Jesus]*



Picture 2

Tell the children: The two friends were so deep in conversation that they didn't pay any attention to the sound of someone walking behind them. They were caught up in their own thoughts.

Read the caption: A third person met them on the road. It was Jesus! But they did not know it was him. They were too busy talking.

- *Why you think Jesus' friends didn't know it was him? [Call on volunteers.]*
- *What's another reason they may not have recognized him? [They knew he had been put on a cross to die. Maybe they couldn't believe he was alive.]*

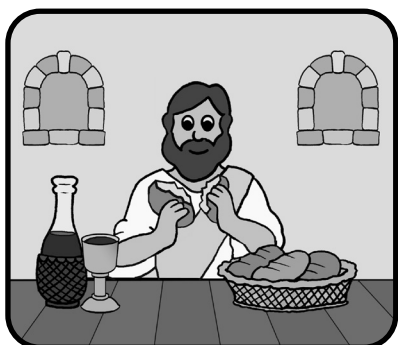


Picture 3

Tell the children: Finally, Jesus asked the friends what they were talking about. They told him about all that had happened and why they were so shocked. Hearing this, Jesus explained many things in the Bible that were about him.

Read the caption: When they came to a town, they asked Jesus to eat with them. At the meal, Jesus took bread, thanked God, and broke it.

- *What are the friends doing in this picture? [They are inviting Jesus to come to town with them to share a meal.]*
- *How do you think they will react when Jesus breaks bread? [Call on volunteers]*



Picture 4

Tell the children: Jesus had broken bread like this at the Last Supper. He had thanked God then, too. "Wait a minute," the friends thought, "we know this man!"

Read the caption: Suddenly, they saw who he was. This was Jesus! He was alive! Afterwards, they went to tell everyone else the great news.

- *What do you think the friends said to Jesus now? [Call on volunteers.]*
- *Do we ever "break bread" in church? [Yes, at Holy Communion.] Is Jesus with us as we do this? [He is! Jesus is really present each time we share Communion.]*

f. Bible Story Rhyme (optional)

The Bible Story Rhyme below is the same one found on the Upper Elementary Student sheet. The teacher can read the beginning of the line and see if the children can finish the last rhyming word of the phrase.

*Two men were walking down the street
when they were quite surprised to meet
a third man, who was walking, too.
Could he be someone that they knew?*

*This third man listened, spoke and taught,
and both men really learned a lot.
So when their trip came to an end,
they felt as if they'd made a friend.*

*The stranger blessed and broke some bread,
and each man ate what he was fed.
Then suddenly, they both could see:
Christ was alive, and this was he!*

g. Young Children's Activity (optional)

Simple in-class crafts or activities may be completed by the children if there is time left at the end of class.

Activity: Walk by Faith**Materials Needed:**

Pillows or books, blindfolds

Instructions:

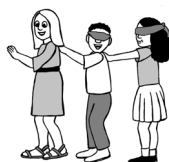
All of life is really about learning to walk by faith, where we come to trust Jesus more and more with every step.

To play this game, set several pillows (or books) as "obstacles" in a large open room. The object of the game will be for the Leader to guide the Followers around each of the objects without anyone stumbling over them.

Choose one volunteer to be the Leader. Everyone else in the class will be Followers. Blindfold the Followers and have them stand behind the Leader, single file. (If kids don't want to use blindfolds they can close eyes instead.)

Invite Followers to put their hands on the shoulders of the person in front of them. Only the Leader will be able to walk with open eyes and no blindfold.

Set a timer for 5-10 minutes. When you say "Go," the Leader will slowly walk from one end of the room to the other, guiding the followers in a circle around each "obstacle." None of the obstacles can be ignored; the Leader must take the group around each one. The challenge is for everyone to get to the other side without removing their blindfolds or stumbling over an obstacle before the timer sounds!



h. Song (optional)

The tune to this classic hymn can be heard online on YouTube, Vimeo, or other sites. Kids can do the motions as described, or can put their arms over each others' shoulders and sway back and forth to the song.

Trusting Jesus, That Is All

Simply trusting every day, (*hands palms up*)
Trusting through a stormy way; (*wave motion*)
Even when my faith is small, (*show "small"*)
Trusting Jesus, that is all. (*make cross with fingers*)
 [Chorus:]
Trusting as the moments fly, (*flap "wings"*)
Trusting as the days go by; (*hand held to brow*)
Trusting Him whate'er befall, (*hands palms up*)
Trusting Jesus, that is all. (*make cross with fingers*)

i. Story Review: Then What Happened?

Then What Happened is a learning game that helps kids retell the story and remember the flow of events. The teacher reads the starting sentence and then chooses a student to continue the story. There are two rules: each student may only add one sentence or say one new thing, and events in the story need to be in the right order.

► **Start: After Jesus rose from the dead, some of his friends were walking along a road to the town of Emmaus. What happened next?**

If the younger kids have trouble, cut a Take-Home Page into four pieces (with no words) and let the kids put the illustrations in order while they tell the story.

j. Closing Prayer

Send the children home with the Take-Home Page, and tell them to ask their parents to read the story to them again (or, perhaps, they can read it to their parents).

End class with this closing prayer, repeated each week for memorization.

*Heavenly Father, God above,
 We're grateful for your faithful love.
 Bless everyone who need your care,
 Help hurting people everywhere.
 Be with us now, in all we do,
 So we may serve and live for you. Amen.*